

### PE long term plan 2018-2019

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Invasion Games: Focus: Teamwork, spatial awareness, passing.  Yoga	Gymnastics  Invasion Games: Focus: Key Skills, movement, rules.	Gymnastics  Net and Wall Games: Bat and ball skills: Focus: Hand-eye co- ordination	Dance  Throwing and Catching Games: skill building.	Move with  Orienteering	Move with  Athletics
Year 2	Move with  Throwing and Catching Games: skill building.	Move with  Gymnastics	Net and Wall Games: Bat and ball skills: Focus: Hand-eye co- ordination  Gymnastics	Throwing and Catching Games: skill building.  Dance	Striking and Fielding Games  Orienteering	Invasion Games: Focus: Key Skills, movement, rules.  Athletics
Year 3	Hockey  Fitness	Netball  Gymnastics	Move with  Gymnastics	Move with  Dance	Orienteering  Tennis	Cricket  Athletics
Year 4	Swimming  Fitness	Gymnastics  Swimming	Swimming  Gymnastics	Rugby  Dance	Orienteering  Dodgeball	Rounders  Athletics
Year 5	Hockey  Fitness	Fencing  Gymnastics	Football  Gymnastics	Dance  Netball	Orienteering  Tennis	Cricket  Athletics
Year 6	Handball  Fitness	Fencing  Gymnastics	Rugby  Gymnastics	Dance  Badminton	Orienteering  Dodgeball	Rounders  Athletics

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