

PE Premium Funding 2015-2016

The government provided £8645 additional funding to improve provision of physical education (PE) and sport at Forest Gate Academy up to August 2015. This funding was ring-fenced and therefore could only be spent on provision of PE and sport in schools.

Intended Outcomes

- **Improve the quality and breadth of PE and Sport provision.**
- **Improve the quality of PE teaching to raise standards.**
- **Increase participation in physical activity so that pupils develop healthy lifestyles.**
- **Improve teacher assessment of Physical Education.**

What we had planned to do

- Train teaching staff on assessment in PE.
- Bring in more specific sport coaches to enhance our PE curriculum such as fencing, lacrosse, golf and Zumba. (These ideas came from a survey of the children at FGA at the end of the last school year)
- To continue to be part of the Trafford School Partnership as this includes CPD for all staff, entrance to a variety of competitions.
- To set up a secret club (Change 4 life) to target children who are less active and encourage and educate them in health active lifestyles.
- We intend to bring in a company once a month called MAD fitness who will work with all year groups and run an after school club encouraging and promoting healthy active lifestyles.
- To continue our work with the Sport and PE hub by employing a qualified sport coach one day a week working with Year groups from Nursery to Year 6 to enhance and develop staff CPD.
- Fund transport for inclusion festivals that we have never entered before so all children have a chance to compete.
- Pay for top up swimming lessons for our Year 5 and 6 children to make sure all children leave our school being able to swim 25 metres.
- To keep adding to our PE equipment to make sure we can deliver high quality Physical Education to the rising class numbers.

Areas we covered

- MAD fitness came in and delivered high quality lessons on healthy active lifestyles.
- Continued to be part of the Trafford School Partnership entering 13 different competitions throughout the year.
- The PE and Sport hub continued their work with us to develop us as teachers in CPD.
- We entered our first inclusion festival for 2 of our children (more children to be entered next year)
- We added extra PE equipment to enhance our PE lessons however this was funded through school budget not PE premium.
- Training for playground leaders to run sessions at lunchtimes.

The budget allocation for 2015-2016 is as follows:

Focus	Cost	Success Criteria
Multi-Sport Training/CPD Units of PE/Sport delivered across every class by Sport Trafford coaches accompanied by teaching staff.	£5000	Teachers to have increased confidence and ability to deliver consistent enhanced quality PE lessons. Children to demonstrate increased engagement, resilience, enthusiasm and performance standards across an increasing range of activities.
Trafford School Partnership Organised sporting competitions and opportunities	£1000	Self-esteem and a sense of fair play strengthened through the school's involvement in supporting children participating in competitive events. Improved parental involvement with sports events fostering healthy lifestyles. Community cohesion

in a wide range of sports for an increased number of children.		strengthened through working with children in local and borough-wide events.
Fencing A specialist coach to teach Year 5 & 6.	£800	Children to access a different variety of sports to increase participation in PE.
Inclusion festival Travel costs for children to get to the competition.	£100	To allow children to enter inclusion festivals for the first time and compete against other children.
MAD fitness	£450	For children to show a better understanding of healthy active lifestyles.

The impact

- More children participated in the clubs and KS1 were catered for very well.
- We entered more competitions as a school and performed better at them.
- We were able to upskill teachers across a range of sports,
- We raised our standards as a school in PE with more children achieving age related expectation than the relevant level for their year group (exact figures to be released in September)
- Healthy lifestyles were promoted via MAD fitness and children tried to think about their own choices.
- Improved engagement of children in playtime activities by play leaders.

Training and competitions we have entered this year

CPD / Training / PE	
Key Step Gymnastics Twilight Training	
BUPA Start to Move Ks1 Physical Literacy Training	Yes – Adele P & Naomi L
Primary Inclusive PE Training	Yes – Naomi L & Wayne W
Quick Sticks Hockey Twilight Training	Yes – Michelle Evans
YST PE Subject Leader Module 1, 2 & 3 Training	Yes – Michelle Evans & Katy Brow
YST Using PE to raise achievement in English	Yes – Michelle Evans & Katy Brow
YST Using PE to raise achievement in Maths	Yes – Michelle Evans & Katy Brow
School Games Mark	SILVER
Competition & Events	
Year 5 & 6 football tournament PSV	Every half term
Year 3 & 4 football tournament PSV	Every half term
Sale & Partington Football League (Y5/6)	Yes
Trafford monthly Hockey League (Y5/6)	Yes
Trafford Basketball Tournament (Y5/6)	Yes
Trafford Basketball League (Y5/6)	Yes – League 3
Trafford SSP Inclusion Festival 1 – Target Sports (Ks1-2)	Yes
Sports Hall Athletics Heat 2 AoM (Y5/6)	Yes
Tag Rugby Yr 5&6	Yes
Cross country KS1 & KS2	Yes
High five netball tournament	Yes
Year 1 multisports festival	Yes
Year 5&6 athletics competition	Yes
Year 5&6 Rounders festival	Yes
Year 2 infant agility	Yes
Year 5 & 6 dodgeball tournament	Yes
Health & Physical Activity	
5 a day fitness physical activity resource	316 school hits since Sept 2015
MAD Fitness FAN Day	Yes

Children's quotes

I have loved having MAD fitness in school, I really liked it when the whole school did dance on the playground after school.

YR2

Fencing was amazing, it was great to do something different and we got to use swords safely.

YR5

I have represented the school in over 6 different sports this year, it's been great to be able to do that in my last year of primary school.

YR6

We got to play football with Manchester United it was lots of fun. We also got to throw javelins really far.

YR1

PE Premium Impact Statement 2015-2016

Aspect: PE lessons/ Football/ MAD fitness/ Man UTD

Class: Yr 4/6

Staff Member: Miss Evans

Date: 23/3/16

Staff Impact Observations/Evidence:

Children were given the opportunity to try out for the football team. Children were then told that their work ethic and behaviour in school would also impact upon whether or not they made the team. Children attended two try outs and from this a team was selected. Children then attended football training each week after school with myself (Miss Evans). All children from year 4, 5 and 6 were welcome to attend this training.

Children in year 4 and 6 were then taught football in their PE lessons by myself (Miss Evans), Mr Whittum and through Man UTD. Lessons were planned to focus on skill based activities during the start of the lesson, which they could then apply into a game situation towards the end of the lesson. Children were given the opportunity to work with different children during these sessions so they could develop their team work and communication skills. Children also picked up upon and learnt new tactics which benefitted their team during the game.

Those children selected for the football team attended the football tournament in Sale. Children were given the opportunity to play various local football teams and ended up finishing top 7 in the tournament. This was a great opportunity to see children in a different environment where they felt they could excel through sport. Children were well behaved and conducted themselves well throughout the tournament, showing good sportsmanship to other teams.

Within school time children have taken part in MAD fitness sessions. Year 4 have thoroughly enjoyed taking part in a variety of activities focussing on health and fitness, dance and boxercise. Children learnt life skills and took part in certain sports and activities they may not usually be exposed to. With this in mind hopefully children will wish to pursue these sports/ activities further outside of school, developing the love for engaging in lifelong participation in sport. Our topic of healthy me was further supported through MAD fitness sessions as it gave child the knowledge about healthy drink and food choices.



Pupil Observations/Evidence:

Children have shown a keen interest in taking part in football training after school. There has been an increase in numbers since children heard about the various competitions they could take part in. The coaches that have come into school from PE and Sport Hub and Man UTD have shared valuable skills and have inspired the children to take part in different games. This has been evident on the playground, seeing children playing games and practising skills during break and lunchtimes.

Those children that were selected for the football team were mixed ability children ensuring that a fair chance of selection took place. This promoted inclusion within the games and lessons and again promoted children to show good sportsmanship and tolerance towards one another. During the tournaments the FGA team supported other schools and gathered tips for when they would be competing against that team, showing good tactical awareness. Children would then practice outside of school time with one of the children's parents promoting training outside of school hours. Children displayed a good level of gamesmanship and sportsmanship during the tournaments as they shared handshakes with the teams and would give them praise at the end of the game. Children took pride in wearing

the school kit and were extremely excited when the new PE equipment arrived as they could use this both during their PE lessons and within extra-curricular clubs.



Further Action:

Encourage children to further take part in different sports both in school time and outside of school hours.

Promote healthy eating from MAD fitness sessions and encourage children to get involved in activities they may not usually be exposed to.

Continue to use the new PE equipment both during lessons and within extra-curricular activities.

To share PE resources with staff to develop their PE subject knowledge.

To continue to provide children with extra-curricular activities for them to take part in.

PE Premium Impact Statement

Aspect: Multi skills

Class: R **Staff Member:** Mr Whitham C Donaghy D Potter

Date: Autumn Spring

2015 16

Staff Impact Observations/Evidence:

By watching Mr Witton and Jordan/Laura/Matt (MUTD Foundation) we have developed our confidence and understanding when teaching multiskills and football skills.

The planning wasn't available however and we will need the plans if we are to replicate the sessions next year. The lessons we observed were well thought out showing progression in skills and confidence. We will use this again for future lessons.

By having coaches take the session it has freed up staff to be able to observe the children and record their level of ability, which will provide evidence for tracking, progress towards ELGs and plan next steps for individuals.

All coaches have given the children very clear expectations re: behaviour, safety and learning outcomes. They were able to adapt their plans to meet the needs of the children i.e. giving them one step instructions at the beginning of the year. They have all given the children positive feedback and the children have shown high levels of engagement in the sessions. Children that were a little reluctant to join in sessions at the beginning grew in confidence over the year. The children's skills have definitely improved over the year. Mr Witton stretched and challenged the children's skill levels.

Mr Witton and Jordan from Man Utd were very reliable and punctual providing excellent continuity for the children. Matt however has been less reliable and has missed some sessions and has been late for others.

Pupil Observations/Evidence:

The instructors were very good and built good relationship with the children (especially learning the names of the children and recognising children who needed extra support).

The sessions enabled children to develop:

1. Good listening skills

2. How to work in a team work
3. A understanding of positive peer/self evaluation
4. Ability to follow 2/3 step instructions
5. Self control
6. A range of physical skills
7. A understanding of how to use a range of equipment

Children thought the lessons were a lot fun and looked forward to each P.E. session.

'I like doing exercise it makes me feel good. I have learnt to catch and other skills.' Paul

'P.E. makes me strong. I have learnt to dribble.' Tiana

'I have learnt to skip.' Lacey

'I like doing hopping' Taylor

'I have learnt to pass the ball' Ollie

'I like P.E. because you can run around and balance.' Robyn

'I like playing Mr Wolf and I have learnt different balances.' Rico

Further Action:

Request detailed planning for sessions

PE Premium Impact Statement 2015-2016

Aspect: Sports and PE hub, MAD fitness, Manchester United

Class: Yr 1

Staff Member: Katy Brow & Nicky Mattinson

Date: May 2016

Staff Impact Observations/Evidence:

Throughout the year, the children in year 1 have had access to a variety of different sports and skills. They have thoroughly enjoyed their experiences and have been able to incorporate taught skills into game situations.

Through watching the coaches it has helped us become more aware of how much can be covered in a single session and how much improvement can be made in just a half term's worth of PE.

With the PE and Sport hub the children have worked on their co-ordination, balance and agility. The children appear more confident in these skills and the progression that has been made since the start of year 1 is incredible. The majority of the children are working at age related expectation or higher currently in PE. It's also been nice to see the children who say they do not enjoy PE join in and have fun during the lessons.

We have participated in MAD fitness workshops over the year with Lynn, she is incredible.

She has built a great relationship with the children and is so enthusiastic when she is teaching, it rubs off on both pupils and staff. During the sessions the children have been taught about sugar in drinks and how much exercise they would need to do to burn off all the extra energy. This was extremely interesting and a few parents have said their children spoke to them at home and have made healthy choices after participating. The main purpose for the lessons is to get the children more active and Lynn does this and more. The dance routines that she creates for the different year groups are so imaginative and the children don't realise that they are doing exercise when they dance.

We have been lucky enough to have both Manchester United Foundation and Academy.

They have both focussed on football skills but we have been so impressed with both the standard of coaching and the standard of football that has been taught in a Year 1 class.

The sessions were well planned and progression was evident throughout. The children were so excited for the sessions and they want to play now at lunchtimes and playtimes and actually understand what they are meant to do rather than all running around after the ball.

Pupil Observations/Evidence:

The sessions enabled children to develop:

1. Good listening skills
2. Develop coordination
3. How to work in a team work
4. A understanding of positive peer/self evaluation
5. Ability to follow 2/3 step instructions
6. Self control

7. A range of physical skills
8. A understanding of how to use a range of equipment

Further Action:

To set up a football after school session for Year 1 and 2 to continue to develop their skills.

PE Premium Impact Statement 2015-2016

Aspect: Fencing / Mr Whitham/ Mad Fitness		
Class: Yr 5	Staff Member: Mr Williamson	Date: 24.03.16
Staff Impact Observations/Evidence:		
Fencing		
The children were given the opportunity to take part in fencing lessons last term. They thoroughly enjoyed the experience and not only learned about the art of fencing, but also a great deal about health and safety within the sport.		
Mr Whitton		
Mr Whitton has taken year 5 for gymnastics this term where they have learned how to balance, how to perform rolls and how to land safely. The children really enjoy these sessions and a few of the children joined the after school gymnastics clubs. The class were really excited to perform their own routines and it was pleasing to witness the team working skills that they had developed when they were performing with friends.		
Mad Fitness		
The class have also taken part in MAD fitness sessions. The variety of the sessions offered to the children added to their enjoyment and they all loved taking part. The activities were based around health and fitness, dance and boxercise. This really appealed to many children in our class as dance and boxing are very popular extra-curricular activities. The other children, who are rarely exposed to different sports, were visibly engaged and couldn't wait for break-time as the instructor promised to do a session on the playground. I am sure that these sessions went a long way in convincing the children that keeping fit, is not only good for you, but it can also be incredibly good fun.		
Pupil Observations/Evidence:		
Fencing		
A couple of children in Year 5 enjoyed the experience that much that they were enquiring about local fencing clubs. Coby likened the experience to boxing, he said that it was like when he is in the ring fighting, where you have to have good balance and to be brave.		
Mr Whitton		
Ceryes, Kaeleigh and Libby all enjoyed the PE sessions so much that they joined the after school club. During a PE lesson, Kaeleigh and Libby were really excited to show me the routine that they created during the after school club. It obviously has helped to build their self-confidence and it was nice to see them take so much pride in their achievement.		
Mad Fitness		
These sessions created such excitement around the school. The children could not get enough and were all desperate to get out onto the playground at lunch time to take part again. Many children commented that Mad Fitness was great (sick!) and the mixture of sport, music and fitness is definitely a winner for the pupils in Year 5.		
Further Action:		
I would definitely recommend the fencing coach, Mr Whitton and Mad Fitness to other schools and would welcome them back at Forest Gate Academy.		

PE Premium Impact Statement 2015-2016

Aspect: Hockey		
Class: Yr 5/6	Staff Member: Mrs Marsh	Date: 10.4.16
Staff Impact Observations/Evidence:		
I have contributed continuously to the coaching of the children on a weekly basis along with my son Philip Marsh. This has been achieved through helping set up the after school club and ensuring the children were helped when they struggled to understand the technical skills needed. I also travelled down to the tournaments to help with the organisation of the team and continue the professional development of the children.		

Children were working towards a place on a team we entered in the Trafford Schools Hockey which if won would mean they would participate in the Greater Manchester Schools hockey tournament.

Children were taught weekly as an after school activity, this was skills based and the children progressed into match play and tactics, this developed further when the children took part in matches enabling them to see skills in action and implement this into their own game play.

The children were able to gain experience across different positions across the pitch. One child TW displayed exceptional performance in goal both through the management of her defenders and through her adaptability to the goalkeeping role. This helped her to develop her social skills and understanding of the game, which also helped to boost this child's confidence.

Children represented Forest Gate Academy very well, displaying excellent behaviour and learning to watch the gameplay of others to analyse their own gameplay and discover where they can improve with their hockey. This was reflected by an improvement in the school's number of wins; including against some teams who have played a lot (with children often playing for clubs).

Two members of the Teaching Assistant Team Mrs Wilson and Miss Stout have consistently contributed to the development of the children and their hockey skills by travelling with them week-in-week-out for the tournaments, and aiding with the coaching of the children at tournaments. These members of staff ensured that the children progressed and saw what they needed to do to improve. This then led to a greater enjoyment of the sport throughout the group of children that took part.

Pupil Observations/Evidence:

Children have found Philip Marsh to be inspirational, recognising genuine enthusiasm and motivation from the children, the children ranged from SEN to high achievers and those also with physical, mental and social challenges.

Children exhibited exemplary sportsmanship both on and off the pitch demonstrated by their cheering for the opposing team at the end of the game and the congratulations amongst their team mates on a game well played even if they hadn't won.

Three children from the team now have their own hockey sticks, one child -TW – has joined Lymm Hockey Club and intends to continue her development at club level and beyond. LP also mentioned he intends to research the possibility of playing for a club or continuing playing hockey into further education.

Further Action:

Now that the school has hockey sticks and balls for the children's use it would be beneficial to invest in a Goal Keepers kit as at the moment we are borrowing on from Timperley Hockey Club, but this goodwill cannot be guaranteed in the future.

Develop staff CPD for hockey to sustain the quality of hockey within school and to continue the links with the Trafford Schools tournament.

Facilitate Philip Marsh's involvement with the school as he is now an officially registered England Hockey North Regional Umpire, Coach at Timperley and Head of Young Leader development at Timperley.

The encouragement of hockey development at a High School level and beyond. This could be achieved through a continuous partnership across the Dean Trust Partnership, where children have the opportunity to partake in 'different' sports, such as Hockey.

PE Premium Impact Statement 2015-2016

Aspect: Dale Whitham

Class: Yr 2

Staff Member:

NL

Date:12/5/16

Staff Impact Observations/Evidence:

All the children in my class enjoyed going to PE with Mr Whitham and were engaged during his sessions. He provided a range of activities which helped the children develop physical skills and team work. The term we had sessions with Mr Whitham we focussed on gymnastics skills and movements. The children found new ways of balancing, controlling movement and sequencing. The children did floor work and used the gymnastic equipment. By the end of the term the children were able to put together simple sequences of

movements from the main areas; balancing, rolling, jumping and travelling. He encouraged the children to adapt and evaluate their performances in simple ways such as watching others or demonstrating himself.

When using the equipment several of the children were nervous about jumping off the bench onto the mat, Mr Whitham adapted the activity to allow these children to build up their confidence, leading to them being able to jump and land safely from the greater height.



Pupil Observations/Evidence:

I asked several of my pupils what they liked about Mr Whitham's gymnastic sessions:

Ellise: "I liked when we jumped on and off the equipment"

Taylor: "I liked the after school clubs with Mr Whitham"

Ethan: "I could do all the different movements"

Bevan: "It was good when we play the games to warm up"

Further Action:

The children would benefit from further sessions with Mr Whitham.

PE Premium Impact Statement 2015-2016

Aspect: Mad Fitness / Manchester United Foundation

Class: Yr 3

Staff Member: Mr Wardle

Date: 20.4.2016

Staff Impact Observations/Evidence:

Mad Fitness

Year 3 loved Mad Fitness, all the children were engaged and enriched by the lesson. There was great variety in the session and Lynn's' enthusiasm was very contagious. All the activities were based around health and fitness, which fitted in really well to our topic 'Healthy Me'. The dance, fitness and boxercise engaged both the boys and the girls in the lessons.



The children especially liked the team games, encouraging the children to communicate and work together as a group.

Manchester United Foundation

Year 3 had Manchester United Foundation and Academy come in to develop their football skills. I was very impressed with the high standard of the coaching staff and the engagement of the children in the lesson. The sessions were clearly planned and Matt focussed on both football and social skills. The development of their skills was clearly evident. The children wanted this to continue and were practising these new skills at break and lunch time. These new skills were put into practise at a football tournament at Partington Sports Village. Year 3 and 4 lucky enough to win the competition.



Pupil Observations/Evidence:

Mad Fitness

Year 3 loved Mad Fitness, they were all very excited to take part in the lesson. There was great demand for the after school club. The children who attended showed great progress in their skills and coordination, they were able to show other class members their dance routines.

Manchester United Foundation

At the start of the year when year 3 were playing football they were all running after the ball. As their skills have developed from their lessons with the foundation they are now passing, dribbling, communicating and working together as a team. The success in the recent football tournament is evidence of their new talents.

Further Action:

I would highly recommend that Mad Fitness and Manchester United coaching staff to return to Forest Gate Academy next year. The children will hopefully build on these new skills, developing their abilities and talents.

Our plans for next year

Our brief plan for the Year 2016-2017 is as follows

- To bring in different sports specialists such as yoga, boxing and continue with our MAD fitness connection to promote healthy active lifestyles.
- To access top up Swimming for the Year 6's who have not met the 25 metre standard.
- To create more club links with outside agencies to reach our Gold sports mark award.
- To have after school clubs linking with sport every night after school.
- Change for life club set up to promote healthy active lifestyles.
- Training of playground leaders
- Continue to develop our inclusion festival links and opportunities.